

Carbon Reduction Plan

04/06/2026

Carbon Reduction Plan

Supplier name: Optima Health
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Commitment to achieving Net Zero

Optima Health is committed to achieving net-zero Scope 1, 2 and 3 emissions by 2040 and have set interim targets of reaching a 50% reduction in scope 1 and 2 by 2030 and 42% reduction in Scope 3 emissions by 2030. This is in line with Optima Health's global commitment to net zero, supported by science-based greenhouse gas (GHG) emissions reduction targets.

Baseline Emissions Footprint

Baseline emissions are a record of the greenhouse gases that have been produced in the past and were produced prior to the introduction of any strategies to reduce emissions. Baseline emissions are the reference point against which emissions reduction can be measured. Our baseline emissions cover all our reported scope 1, 2 and 3 emissions, having conducted a full scope 3 inventory to ensure we are reporting on all applicable emissions categories. Optima Health have reset the organisations Baseline Carbon Footprint year from 2022 to 2023. Our baseline year has changed due to improved availability of data, increased scope of emissions and changes from the previous 2022 Carbon Footprint Baseline fell above agreed materiality threshold in alignment with the GHG Protocol. Optima Health have also acquired additional entities which have changed the operations of the organisation since 2022.

Baseline Year: 2023	GHG Category	tCO2e
Scope 1	1.1 Stationary Combustion	70.93
	1.2 Mobile Combustion	183.76
Scope 2	2.1 Purchased Electricity	107.91
Scope 3	3.1 Purchased Goods and Services	384.34
	3.2 Capital Goods	20.24
	3.3 Fuel and Energy	90.87
	3.4 Upstream Transportation and Distribution	2.83
	3.5 Waste and Wastewater	0.46
	3.6 Business Travel	625.43
	3.7 Employee Commuting	860.02
	3.8 Upstream Leased Assets	42.59
	3.9 Downstream Transportation and Distribution	6.68
	3.12 End-of-Life Treatment	0.44
Total Emissions		2,396.5

The following GHG Categories have been excluded from Optima Health's 2023 Carbon Footprint assessment:

- Scope 3.10 - Processing of Sold Products: No additional process is applied to Optima Health's sold products.
- Scope 3.11 - Use of Sold Products: Optima Health do not sell any physical goods.
- Scope 3.13 - Downstream Leased Assets: Optima Health did not own any assets which were leased out to third parties during this reporting period.
- Scope 3.14 – Franchises: Optima Health do not operate any Franchise agreements.
- Scope 3.15 – Investments: Not applicable to company operations.

Current emissions reporting

Reporting Year: 2025	GHG Category	tCO2e
Scope 1	1.1 Stationary Combustion	34.62
	1.2 Mobile Combustion	76.24
	1.3 Fugitive Emissions	0.00
Scope 2	2.1 Purchased Electricity	64.8
Scope 3	3.1 Purchased Goods and Services	37.37
	3.2 Capital Goods	28.95
	3.3 Fuel and Energy	49.02
	3.4 Upstream Transportation and Distribution	13.15
	3.5 Waste and Wastewater	0.11
	3.6 Business Travel	811.91
	3.7 Employee Commuting	638.11
	3.8 Upstream Leased Assets	56.42
	3.9 Downstream Transportation and Distribution	10.72
	3.12 End-of-Life Treatment	0.09
Total Emissions		1821.51

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Emissions reduction targets

In order to continue our progress towards achieving Net Zero, Optima Health have adopted the following carbon reduction targets.

For 2023, Optima Health have completed a rebaseline of our Carbon Footprint. Our previous base year was reflective of the 2022 reporting period. This has since been updated to cover the 2023 reporting period due to improved access to better quality data for the assessment and to reflect changes in the organisational structure of the business (new acquisitions). The difference between our previous 2022 baseline and our latest 2023 carbon footprint fell above the materiality threshold for triggering a rebaseline calculation, as per Greenhouse Gas Protocol guidelines. Due to this rebaseline, Optima Health have therefore updated its carbon reduction targets to align with our new reporting period. This new baseline will now inform the updated targets which are outlined below.

Reduce Scope 1 and 2 emissions by 50% by 2030 against 2023.

- 2030 Target Scope 1 and 2 Emissions: 181.3 tCO₂e
- Scope 1 and 2 Emissions reductions YTD 186.95 tCo₂e (52% reduction from 2023 baseline year)
- To support this the Scope 1 & 2 target Optima Health are planning to transition all leased sites away from the use of natural gas and ensure that all buildings the business operates out of are fully electric. Optima Health have a fleet of 23 3.5 tonne diesel vehicles which will be reviewed, currently there are no feasible electric alternatives that Optima are able to transition too,
 - However, Optima Health have created a number of regional hubs to reduce millage as well as introducing a 62mph limit on our vehicles to reduce fuel use.
 - The 6 remaining vehicles across the organisation's fleet that are not Vans, will be converted to electric alternatives or removed from the fleet.
- Optima Health will also be targeting lower carbon energy consumption through the procurement of REGO contracts and green electricity providers. 69% of our current electricity use is procured via REGO-certified contracts.

Reduce Scope 3 emissions by 42% by 2030 in alignment with guidance from SBTi.

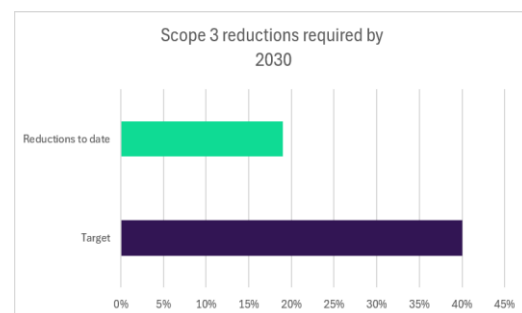
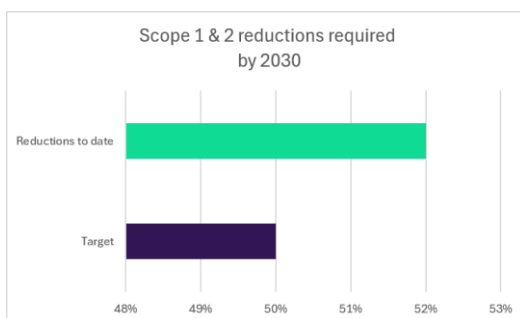
- 2030 Target Scope 3 Emissions: 1,179.7 tCO₂e
- Scope 3 reductions YTD 388.03 tCo₂e (19% reduction from 2023 baseline year)
- Optima Health will quantify projections for Scope 3 emissions across the organisation in future reporting as the business develops a greater understanding of emissions from this category. Optima Health are currently working to improve access to higher quality datasets across Scope 3. By doing so this will allow for a more granular understanding

of emissions and allow Optima to identify meaningful and specific emission reduction opportunities.

The top two Scope 3 emission categories relate to business travel and employee commuting, whilst Optima Health have limited direct influence over these emission categories as the vehicle emissions are via Grey fleet, Optima Health have adopted the following strategies to target these emissions.

- Eco driving training module included in the employee mandatory ESG training
- Offering employees the opportunity to join the Green Car scheme
- Promoting greener alternatives for travel
- Reviewing business travel guidance
- Implementing a remote by default delivery strategy when feasible

The above targets will be reviewed annually, along with any given initiatives, to ensure the reduction plans remain on track. Progress against these targets can be seen in the graphs below

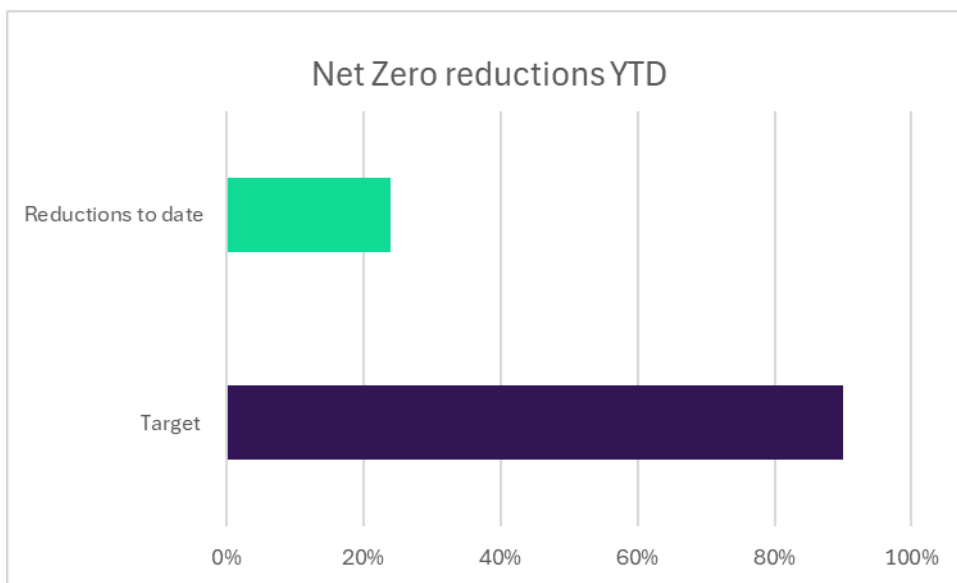


Achieve Net Zero by 2040 in alignment with the NHS targets.

- Target Emissions: 239.7 tCO₂e
- To support this target Optima Health are planning to mitigate Scope 1 and 2 emission through a transition of all leased sites away from the use of natural gas and replacing this with electricity. Optima Health are also in the process of reviewing all fleet vehicles and are aiming to transition the fleet to electric alternatives as these vehicles become more readily available. Optima Health will collaborate with suppliers to gain a granular understanding of Scope 3 emissions across the supply chain, develop and implement a Green Procurement Policy when seeking to work with new suppliers, embedding decarbonisation levers into supplier contracts to ensure impacts of emissions from the

organisations supply chain is minimised and suppliers are aligned to Optima Health's long-term sustainability goals.

The above targets will be reviewed annually along with any given initiatives to ensure the reduction plans remain on track. Progress against these targets can be seen in the graph below



Carbon Reduction Projects

Completed Carbon Reduction Initiatives

- Removed all non LED lighting from offices
- Removed 36.31 tCo2e in gas consumption across the estate
- Procured 69% of electricity on Rego certified green electricity supply
- Continual auditing of fleet and driver behaviour
- Establishing and reviewing regional fleet hubs
- Launched Eco driver training to all employees
- Promoting Greener Travel alternatives
- Engaging with external Environmental Consultants

Future Reduction Initiatives

1. Retain our ISO14001 certificate
2. Review our environmental performance annually to identify opportunities for improvement
3. Reduce and Replace Natural Gas Consumption:
 - Reducing our gas usage in the sites within our control, the organisation is planning to conduct feasibility tests to assess the potential to switch all Optima Health sites to fully electric by transitioning demand for the use of natural gas and stationary combustion to Air source Heat pumps which are an electric and alternative to existing systems in place at Optima Health sites.
4. Electrify Fleet Vehicles:
 - Optima Health are currently in the process of reviewing and upgrading fleet vehicles to fully electric vehicles where feasible.
 - Optima Health recognise that an immediate transition of fleet vehicles to electric alternatives is not strategically feasible, as such the organisation will utilise engine management systems to reduce fuel usage and to support with monitoring driver behaviour. To supplement this Optima Health are also in the process of implementing speed restrictors to certain vehicles to ensure greater fuel efficiency for fleet vehicles.
 - Optima Health are looking to offset our mobile fleet emissions in the interim whilst there are no feasible alternatives in place, any offset emissions will remain within the overall Carbon footprint but will just be noted as a form of mitigation against these emissions

5. Low Carbon Energy Consumption:
 - Optima Health are in the process of sourcing Renewable Energy Guarantees of Origin (REGO) Contracts for the provision of electricity at the current office spaces across the organisation. REGO contracts are a certification scheme to verify the origins of renewable electricity in the UK.
 - Optima Health will additionally assess existing utilities providers against environmental credentials such as the REGO scheme to ensure suppliers are aligned with Optima Health's target of transitioning to low carbon energy consumption. Optima Health also has the opportunity to deploy green procurement policies across utility providers to ensure suppliers are obligated to support the organisation's energy targets.
6. Supply Chain Engagement:
 - Optima Health will collaborate with suppliers to gain a greater understanding of emissions associated with Scope 3 categories. Currently Scope 3 emissions account for 90% of our emissions, of which 90.19 tCO₂e of Scope 3 (5%) relate to procurement activities across the organisation for 2025. This presents a key source of emissions for Optima Health, by engaging with suppliers across Scope 3, the organisation will be able to gain greater understanding of emission hotspots and identify targets opportunities for emission reductions. This will further support the organisation in projecting and monitoring future Scope 3 emissions.
7. Business Travel / Employee Commuting Policy:
 - Optima Health will track location data for all business travel journeys completed by each employee, accounting for the distance travelled, the mode of transport used and where applicable to fuel type consumed for the journey.
 - Optima Health will implement a sustainable business travel policy across the organisation that seeks to minimise business travel and reduce associated emissions from this category.
 - To support this, Optima Health will introduce a 'Remote by Default' policy instigated for meetings and service delivery where appropriate.
 - It is envisaged that as electric cars become more widely adopted this will start to have a positive impact against this emissions category as we approach 2030
 - Optima Health will introduce an annual staff commuting survey to accurately track, monitor, and report the modes of transport and associated emissions from employee commuting across the organisation. Optima Health will also track detailed data on employee's electricity and heating demands when working remotely.
 - Green car scheme being offered to all employees with additional EV charging points installed across Optima Health Sites
 - Introducing car sharing schemes and cycle-to-work schemes

8. Green Procurement Policy / Internal Optima Health Engagement:
- Optima Health will engage with any new suppliers through the implementation of a green procurement policy. This will help Optima Health to identify suppliers with strong sustainability credentials that align with the organisation. This will further support and form part of a wider sustainability focused supply chain engagement strategy across Optima Health to address scope 3 emissions.
 - Optima Health will continue to engage with internal stakeholders across the organisation by implementing mandatory ESG training for all staff and communicating the organisations results of the Carbon Footprint and wider sustainability initiatives to all staff within the business.

Declaration and Sign Off

This Carbon Reduction Plan has been completed in accordance with PPN 06/21 and associated guidance and reporting standard for Carbon Reduction Plans.

Emissions have been reported and recorded in accordance with the published reporting standard for Carbon Reduction Plans and the GHG Reporting Protocol corporate standard¹ and uses the appropriate Government emission conversion factors for greenhouse gas company reporting².

Scope 1 and Scope 2 emissions have been reported in accordance with SECR requirements, and the required subset of Scope 3 emissions have been reported in accordance with the published reporting standard for Carbon Reduction Plans and the Corporate Value Chain (Scope 3) Standard³.

This Carbon Reduction Plan has been reviewed and signed off by the board of directors (or equivalent management body).

Signed on behalf of the Supplier:

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Date: 04/06/2026

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CEO Optima Health

A handwritten signature in black ink, appearing to read "J. Rem".

¹<https://ghgprotocol.org/corporate-standard>

²<https://www.gov.uk/government/collections/government-conversion-factors-for-company-reporting>

³<https://ghgprotocol.org/standards/scope-3-standard>

